# **Exercise Medicine Research Institute**



#### Vario health clinic

JOONDALUP CAMPUS

270 Joondalup Drive, Joondalup Western Australia 6027 Telephone 134 328 Facsimile: (08) 9300 1257 CRICOS 00279B

ABN 54 361 485 361

## **COMMUNITY ENGAGEMENT**

#### TRACK RECORD

## Dr. Nicolas Hart

- 13<sup>th</sup> Oct., 2017 "Exercise medicine in advanced breast cancer is it safe and effective for patients with bone metastases? Metastatic Breast Cancer Awareness Day, Breast CancerCare WA.
- 16<sup>th</sup> June, 2017 "Exercise medicine for cancer patients and survivors ESSA Roadshow, Brisbane, Australia".

  Exercise and Sport Science Australia.
- 13<sup>th</sup> May, 2017 "Exercise medicine for cancer patients and survivors ESSA Roadshow, Melbourne, Australia".

  Exercise and Sport Science Australia.
- 8<sup>th</sup> April, 2017 "Exercise medicine for cancer patients and survivors ESSA Roadshow, Sydney, Australia".

  Exercise and Sport Science Australia.
- 13<sup>th</sup> Oct., 2016 "Can exercise interfere with sclerotic and osteolytic tumour formation and reduce tumour growth in advanced prostate and breast cancer patients with bone metastases?"
   Denmark-Australia Exercise Oncology Symposium, Edith Cowan University
- 20<sup>th</sup> Sept., 2016 "Exercise as an adjuvant, synergistic and targeted medicine for cancer can extend survival? An overview of EMRI clinical research trials" Fiona Stanley Hospital (FSH), Department of Medical Oncology.
- 27<sup>th</sup> Aug., 2016 "Exercise is medicine for cancer patients: from symptom control to tumour biology and survival"

  Oncology Nurses and Pharmacy Interest Group (ONPIG), Perth, W.A.
- 5<sup>th</sup> July, 2016 "Exercise in the management for cancer patients: Introducing the field of exercise oncology"

  Cancer Support Western Australia
- 21st June, 2016 "Latest research in Exercise for Breast Cancer patients"

  Breast Cancer Network Australia, Perth Forum

  Presentation by Prof. Robert U. Newton and Dr. Nicolas H. Hart.

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- 18<sup>th</sup> Nov. 2015 "Fundraising for Prostate Cancer: PCFA Big Barbie" Prostate Cancer Foundation Australia, Perth Forum.
- 14<sup>th</sup> Sept., 2015 "Injury Prevention in the AFL: Why bone matters?" Research In A Nutshell (Research Week), Edith Cowan University.
- 17<sup>th</sup> Sept., 2015 "Exercise is Medicine for Advanced Cancer Patients" Research In The Sciences (Research Week), Edith Cowan University.
- 29<sup>th</sup> May, 2015 "Prophylactic and remedial strategies to reduce stress fractures in elite Australian Football"

  Centre for Exercise & Sport Science Research, Edith Cowan University
- 21st May, 2015 ""Prophylactic and remedial strategies to reduce stress fractures in elite Australian Football"

  School of Allied Health, La Trobe University
- 20<sup>th</sup> April, 2015 "Developing bone strength through mechanical loading" Science on the Swan at Exercise Medicine Research Institute.
- 20<sup>th</sup> April, 2015 "Dual-energy X-ray Absorptiometry & peripheral Quantitative Computed Tomography: Considerations and applications in bone." Science on the Swan at Exercise Medicine Research Institute.
- 2007 to 2010 "Peer Mentor and Student Advocate for students at risk" School of Exercise and Health Sciences, Edith Cowan University.
- 2007 (Annual) "Fundraising, \$5000 raised for prosthetics and wheelchairs" Rotaract Club ECU Chapter, Edith Cowan University
- 2005 to 2007 "Grand Opening of ECU Rotaract Club, Charity Organisation." Vice President (Nicolas Hart), Edith Cowan University.