Exercise Medicine Research Institute



RESEARCH GRANTS

Vario health clinic

JOONDALUP CAMPUS

270 Joondalup Drive, Joondalup Western Australia 6027 Telephone 134 328 Facsimile: (08) 9300 1257 CRICOS 00279B

ABN 54 361 485 361

TRACK RECORD

Dr. Nicolas Hart

- 1) TrueNTH solutions: an integrated multi-component intervention to improve the lives of men with prostate cancer in Australia Demonstration of the Lifestyle and Exercise Program (2016-2017).
 - [CI-B] Movember Foundation Australia. \$122,380 AUD. Category 1 Funding.
- 2) Global Action Plan (GAP4), Investigator Grant INTense Exercise foR surVivAL among men with Metastatic Castrate-Resistance Prostate Cancer, INTERVAL-MCRPC. (2016-2021).
 - [CI-B] Movember Foundation Australia, \$291,056 AUD Category 1 Funding.
- 3) INTense Exercise foR surVivAL among men with Metastatic Castrate-Resistance Prostate Cancer Exercise Central Coordinating Centre (2016 to 2021).
 - [CI-B] Movember Foundation Australia, \$342,984 AUD. Category 1 Funding.
- 4) Mechanical modulation of bone metastases in advanced breast cancer patients: Can targeted exercise suppress osteolytic tumour progression? (2016 to 2017). [CI-D] National Breast Cancer Foundation, \$184,300 AUD. Category 1 Funding.
- 5) Characterisation of musculoskeletal health, motor development and exercise capacity of children who have completed therapy for acute lymphoblastic leukaemia (ALL) and lymphoma (ALLy). (2016 to 2017).
 - [CI-A] Edith Cowan University, \$30,000 AUD.
- 6) Efficacy of perceptual-cognitive training to improve agility performance in team-sport athletes the missing link. (2016 to 2017)
 - [CI-B] National Strength and Conditioning Association. \$19,416 AUD.
- 7) Can exercise interfere with sclerotic tumour formation and reduce tumour growth in advanced prostate cancer patients with bone metastases? A phase I, randomised clinical trial examining feasibility, safety and efficacy. (2016).
 - [CI-A] Cancer Council of Western Australia. \$34,742 AUD.
- 8) Association between dynamic posturography, lower-body strength and stiffness with change of direction and agility performance. (2016).
 - [CI-A] Edith Cowan University. \$4,405 AUD.
- 9) Mechanical modulation of bone metastases in advanced prostate cancer patients: Can targeted exercise suppress sclerotic tumour progression? (2015 to 2016).
 - [CI-A] Exercise and Sport Science Australia. \$15,000 AUD.

Exercise Medicine Research Institute



RESEARCH GRANTS

Vario health clinic

JOONDALUP CAMPUS

270 Joondalup Drive, Joondalup Western Australia 6027 Telephone 134 328 Facsimile: (08) 9300 1257 CRICOS 00279B

ABN 54 361 485 361

TRACK RECORD

Dr. Nicolas Hart

- 10) Quantifying changes of direction using microtechnology for load management and injury prevention in elite Australian Football. (2015 to 2017).
 - [CI-B] Fremantle Dockers Football Club. \$82,000 AUD.
- 11) Bone Strength, load tolerance and injury risk in elite Australian Football. (2012 to 2015). [CI-A] Exercise and Sport Science Australia. High Commendation (Non-Financial).
- 12) Bone Strength, load tolerance and injury risk in elite Australian Football. (2012 to 2015). [AI-A] Fremantle Dockers Football Club. \$77,000 AUD.
- 13) Mechanical Specificity of Weightlifting to Athletic Performance (2010 to 2013). [CI-B] National Strength / Conditioning Association. \$13,591 AUD