

# RESEARCH STUDY TO DETERMINE IF EXERCISE IMPROVES SEXUAL WELLBEING IN MEN WITH PROSTATE CANCER

**Opportunity to take part in a research study designed to improve your sexual wellbeing and your general health**

- Receive 6 months of free supervised exercise at exercise clinics throughout Perth (north & south of the river)
- Sessions are supervised by qualified exercise physiologists who specialise in exercise for men with prostate cancer
- To be eligible you need to be concerned by your sexual wellbeing and be receiving treatment and/or be within 12 months since having surgery or finishing radiation or hormone therapy



# Exercise Medicine Research Institute



VARIO health clinic

For more information please contact:

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